December

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Grab -N- Go Parent Breakfast
4	5	6	7	8
Muffin Monday w/ Oraganic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
11	12	13	14	15
Muffin Monday w/ Oraganic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
18	19	20	21	22
Muffin Monday w/ Oraganic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
25	26	27	28	29
Closed	Closed	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast





December

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Chefs Choice
				Chefs Choice
4	5	6	7	8
Cheese and Crackers	Veggies and Hummus	Fruit Smoothies	Organic Oranges	Chefs Choice
Watermelon	Trail Mix	Organic Apple	Tillamook Cheddar Gougeres	Chefs Choice
11	12	13	14	15
Raisins and Goldfish	Chips and Guacamole	Chips and Salsa	Cheese and Cracker Plate	Chefs Choice
Organic Apple	Fruit and Yogurt Parfait	Fruit Salad	Pumpkin Muffins Organic Milk	Chefs Choice
18	19	20	21	22
Chips and Guacamole	Organic Berries	Veggies and Hummus	Organic Berries	Chefs Choice
Watermelon	Cheese and Cracker Plate	Tillamook Cheddar Gougeres	Organic Banana Muffins Organic Milk	Chefs Choice
25	26	27	28	29
Closed	Closed	Cheese and Crackers	Organic Apples	Chefs Choice
Closed	Closed	Oatmeal Bar	Raisins and Goldfish	Chefs Choice

Our Snack Plates V

Apples, Oranges, Grapes, Wa Cantaloupe, Hondew Melon or Sheep Cheese, Yogurt, ' Triscuits, Popcorn, Grano Pickles, Cucumbers, Celer Snow Peas, Green Peas, Gre Spinach Dip, Lentil Dip, Rec Tofu S





December

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Chefs Choice
4	5	6	7	8
Crispy Orange Chicken (Sweet and Sour Tofu)	Pesto Vegetable Pasta Privavera (Vegetarian)	Turkey Meatloaf and Mashed Potatoes (Qunioa Lentil Loaf)	Teriyaki Chicken (Teriyaki Tofu)	Chefs Choice
11	12	13	14	15
Butternut Squash Macaroni and Cheese (Vegetarian)	Taco Tuesday (Veggie Fajita)	Pasta Bolognese (TVP Bolognese)	Chicken and Vegetable Yakisoba (Tofu Yakisoba)	Chefs Choice
18	19	20	21	22
Chicken Broccoli Pasta Bake (Pasta Primavera)	Bbq Pulled Pork Sliders (Bbq Tofu)	Herb Roasted Chicken (Roasted Portabello)	Teriyaki Salmon (Teriyaki Tofu)	Chefs Choice
25	26	27	28	29
Closed	Closed	Chicken Stew Over Mashed Potatoes (Veggie Stew)	Butternut Squash Macaroni and Cheese (Vegetarian)	Chefs Choice





