

# February

# Dinner Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Teriyaki Salmon Over White Rice and Sesame Broccoli	BreakFast: Biscuits, Country Gravy, Bacon, Cage Free Eggs, Potatoes O Brien, Asparagus
5	6	7	8	9
Italian Meatball Sandwich w/ Pesto Pasta Primavera	Crispy Coconut Chicken w/ Pineapple Salsa Over White Rice and Asparagus	Grilled Marinated Chicken Skewers Over Rice and Grilled Vegetables	Blackened Catfish w/ Cajun Remoulade w/ Garlic Greenbeans and Creamy Polenta	Bacon Wrapped Pork Tenderloin over Mashed Potatoes and Asparagus
12	13	14	15	16
Crispy General Tso Chicken Over White Rice and Stir Fried Vegetables	Verde Chicken Enchaladas w/ Guacamole, Pico De Gallo and Crema	Philly Sirloin Cheesesteak Sandwiches w/ Coleslaw and Potato Wedges	Medi Plate: Fresh Pita, Hummus, Falafel, Tabbouleh, Cucumber Feta Salad	Prawn and Vegetable Fettuccine Alfredo
19	20	21	22	23
Prawn Fajitas, Housemade Tortillas, Refried Beans, Spanish Rice	Carolina Bbq Pulled Pork Sandwiches w/ Potato Wedges and Coleslaw	Crispy Chicken Parmesan Over Pesto Pasta Primavera	N/A	N/A
26	27	28		
Bacon Wrapped Turkey Meatloaf w/ Mashed Potatoes and Vegetables	House Ground Beef Super Burrito, w/ Pico De Gallo, Guacamole, and Crema	Korean Pork Ribs Over Rice and Sesame Broccoli		

\*\*gluten free

