

January

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Closed	Closed	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
8	9	10	11	12
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
15	16	17	18	19
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
22	23	24	25	26
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
29	30	31		
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt		



January

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Closed	Closed	Organic Apple	Organic Berries	Chefs Choice
Closed	Closed	Tillamook Cheddar	Pumpkin Muffins Organic Milk	Chefs Choice
8	9	10	11	12
Cheese and Crackers	Veggies and Hummus	Fruit Smoothies	Organic Oranges	Chefs Choice
Watermelon	Trail Mix	Organic Apple	Tillamook Cheddar Gougeres	Chefs Choice
15	16	17	18	19
Raisins and Goldfish	Chips and Guacamole	Chips and Salsa	Cheese and Cracker Plate	Chefs Choice
Organic Apple	Fruit and Yogurt Parfait	Fruit Salad	Pumpkin Muffins Organic Milk	Chefs Choice
22	23	24	25	26
Chips and Guacamole	Organic Berries	Veggies and Hummus	Organic Berries	Chefs Choice
Watermelon	Cheese and Cracker Plate	Tillamook Cheddar Gougeres	Organic Banana Muffins Organic Milk	Chefs Choice
29	30	31		
Raisins and Goldfish	Cheese and Crackers	Chips and Salsa		
Organic Apples	Fruit and Yogurt Parfait	Oatmeal Bar		



January

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Closed	Closed	Teriyaki Chicken (Teriyaki Tofu)	Pizza Day	Chefs Choice
8	9	10	11	12
Crispy Orange Chicken (Sweet and Sour Tofu)	Chicken and Mushroom Stroganoff (Mushroom Stroganoff)	Spaghetti and Meatballs (TVP Bolognese)	Roasted Pork Loin and Asparagus (Portabello)	Chefs Choice
15	16	17	18	19
Pasta Bolognese (TVP Bolognese)	Taco Tuesday (Veggie Fajita)	Chinese Chicken Salad (Tofu)	Chicken and Vegetable Yakisoba (Tofu Yakisoba)	Chefs Choice
22	23	24	25	26
Chicken Broccoli Pasta Bake (Pasta Primavera)	Bbq Pulled Pork Sliders (Bbq Tofu)	Herb Roasted Chicken (Roasted Portabello)	Teriyaki Salmon (Teriyaki Tofu)	Chefs Choice
29	30	31		
Chicken and Vegetable Yakisoba (Tofu Yakisoba)	Turkey Meatloaf and Mashed Potatoes (Quinoa Lentil Loaf)	Pesto Vegetable Pasta Primavera (Vegetarian)		

