

January

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Closed	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
7	8	9	10	11
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
14	15	16	17	18
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
21	22	23	24	25
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
28	29	30	31	
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	



January

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Closed	Trail Mix	Organic Apples	Chefs Choice
	Closed	Organic Berries	Organic Banana Muffins Organic Milk	Chefs Choice
7	8	9	10	11
Trail Mix	Ham and Crackers	Veggies and Hummus	Organic Berries	Chefs Choice
Organic Oranges	Fruit Smoothie and Crackers	Tillamook Cheddar Gougeres	Pumpkin Muffin Organic Milk	Chefs Choice
14	15	16	17	18
Cheese and Cracker Plate	Organic Oranges	Organic Berries	Cheese and Cracker Plate	Chefs Choice
Watermelon	Fruit and Yogurt Parfait	Cage Free Hard Boiled Eggs	Tillamook Cheddar Gougeres	Chefs Choice
21	22	23	24	25
Trail Mix	Organic Apples	Veggies and Hummus	Organic Berries	Chefs Choice
Raisins and Goldfish	Tillamook Cheddar Gougeres	Fruit and Yogurt Parfait	Oatmeal Bar	Chefs Choice
28	29	30	31	
Organic Apples	Trail Mix	Chips and Guacamole	Organic Oranges	
Ham and Grapes	Cheese and Cracker Plate	Organic Berries	Organic Banana Muffins Organic Milk	

Our Snack Plates V

Apples, Oranges, Grapes, W
Cantaloupe, Hondew Melor
or Sheep Cheese, Yogurt,
Triscuits, Popcorn, Grano
Pickles, Cucumbers, Celery,
Peas, Green Peas, Green
Spinach Dip, Lentil Dip, Rec
Tofu :



January

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Closed	Chicken and Vegetable Yakisoba (Tofu Yakisoba)	Teriyaki Salmon Over Rice (Teriyaki Tofu)	Chefs Choice
7	8	9	10	11
Indian Curry (Vegetarian)	Spaghetti and Meatballs (TVP Bolognese)	Fish and Housemade Chips (Tempura Vegetables)	Chicken and Mushroom Stroganoff (Portabello Stroganoff)	Chefs Choice
14	15	16	17	18
Ratatouille Over Rice (Vegetarian)	Houseground Chicken Sliders (Blackbean Burger)	Sweet and Sour Chicken (Sweet and Sour Tofu)	Pizza Day	Chefs Choice
21	22	23	24	25
Pesto Vegetable Pasta Primavera (Vegetarian)	Burrito Bowl	Herb Roasted Chicken (Roasted Portabello)	Bbq Pulled Pork Sliders (Bbq Tofu)	Chefs Choice
28	29	30	31	
Chicken Broccoli Alfredo (Veggie Alfredo)	Herb Roasted Pork Loin and Asparagus (Portabello)	Butternut Squash Macaromi and Cheese (Vegetarian)	Teriyaki Chicken Over Rice (Teriyaki Tofu)	

