

# March

# Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Grab -N- Go Parent Breakfast
4	5	6	7	8
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
11	12	13	14	15
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
18	19	20	21	22
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
25	26	27	28	29
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast



# March

# Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Chefs Choice
				Chefs Choice
4	5	6	7	8
Trail Mix	Cheese and Crackers	Veggies and Hummus	Organic Berries	Chefs Choice
Organic Apples	Fruit Smoothie and Crackers	Tillamook Cheddar Gougeres	Pumpkin Muffin Organic Milk	Chefs Choice
11	12	13	14	15
Ham and Cracker	Organic Berries	Organic Oranges	Cheese and Cracker Plate	Chefs Choice
Watermelon	Fruit and Yogurt Parfait	Cage Free Hard Boiled Eggs	Tillamook Cheddar Gougeres	Chefs Choice
18	19	20	21	22
Trail Mix	Organic Apples	Veggies and Hummus	Organic Berries	Chefs Choice
Tillamook Cheddar Gougeres	Raisins and Goldfish	Fruit and Yogurt Parfait	Oatmeal Bar	Chefs Choice
25	26	27	28	29
Organic Berries	Trail Mix	Chips and Guacamole	Organic Oranges	Chefs Choice
Ham and Grapes	Cheese and Cracker Plate	Organic Apples	Organic Banana Muffins Organic Milk	Chefs Choice

## Our Snack Plates V

Apples, Oranges, Grapes, W  
Cantaloupe, Hondew Melor  
or Sheep Cheese, Yogurt,  
Triscuits, Popcorn, Grano  
Pickles, Cucumbers, Celery,  
Peas, Green Peas, Green  
Spinach Dip, Lentil Dip, Rec  
Tofu :



# March

# Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Chefs Choice
4	5	6	7	8
Teriyaki Chicken Over Rice (Teriyaki Tofu)	Pizza Day	Chicken and Vegetable Yakisoba (Tofu Yakisoba)	Spaghetti and Meatballs (TVP Bolognese)	Chefs Choice
11	12	13	14	15
Chicken Broccoli Alfredo (Broccoli Alfredo)	Taco Tuesday	Herb Roasted Pork Loin (Butternut Squash)	Sweet and Sour Chicken (Sweet and Sour Tofu)	Chefs Choice
18	19	20	21	22
Herb Roasted Chicken (Roasted Portabello)	Pasta Bolognese (TVP Bolognese)	Indian Curry (Vegetarian)	Teriyaki Salmon Over Rice (Teriyaki Tofu)	Chefs Choice
25	26	27	28	29
Butternut Squash Macaroni and Cheese (Vegetarian)	Pesto Vegetable Pasta Primavera (Vegetarian)	Pulled Pork Sliders (Blackbean Burger)	Burrito Bowl	Chefs Choice

