

May

Dinner Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Bbq Tofu Over Mashed Potatoes and Cheddar Broccoli	Butternut Squash Picatta Over Rice and Asparagus	Classic Vegetable Stew Over Garlic Mashed Potatoes
6	7	8	9	10
Lentil Quinoa Loaf w/ Mashed Potatoes and Vegetables	Crispy Veggie Chimichanga w/ Guacamole, Pico De Gallo And Crema	Hoisen Glazed Chinese Tofu Over Rice and Sesame Broccoli	Classic Layered Italian Vegetable Lasagna	Portabello with Bleu Cheese Butter Over Mashed Potatoes and Vegetables
13	14	15	16	17
Crispy General Tso Tofu Over White Rice and Stir Fried Vegetables	Blacked Butternut Squash Over Grits and Collard Greens	Teriyaki Tofu Steamed Rice and Sesame Broccoli	Pan Fried Tofu Yakisoba w/ Vegetables	Loco Moco Portabello w/ Fried Egg, Gravy Over Rice
20	21	22	23	24
Grilled Teriyaki Tofu Steamed Rice and Sesame Broccoli	Veggie Fajitas w/ Handmade Tortillas Refried Beans and Spanish Rice	Southern Fried Zucchini and Mushrooms w/ Mashed Potatoes, Biscuit and Vegetables	Hearty Italian Vegetable Stew Over Creamy Parmesan Polenta	Grilled Portabello, Mashed Potatoes, and Vegetables
27	28	29	30	31
Closed	Spicy Jamaican Jerk Butternut Squash w/ Tropical Salsa Over Rice and Curried Vegetables	Teriyaki Tofu Over Rice Asparagus	Crispy Eggplant Parmesan Over Pesto Pasta	Blackbean and Vegetable Chili w/ Cornbread

**gluten free

