

July

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Closed	Closed
8	9	10	11	12
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
15	16	17	18	19
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
22	23	24	25	26
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
29	30	31		
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt		



July

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Trail Mix	Veggies and Hummus	Organic Oranges	Closed	Closed
Watermelon	Fruit Smoothie and Crackers	Cheese and Crackers	Closed	Closed
8	9	10	11	12
Cheese and Crackers	Cheese and Crackers	Chips and Guacamole	Organic Berries	Chefs Choice
Organic Apples	Fruit Smoothie and Crackers	Tillamook Cheddar Gougeres	Organic Banana Muffins Organic Milk	Mothers Day Treat
15	16	17	18	19
Ham and Cracker	Organic Berries	Organic Oranges	Cheese and Cracker Plate	Chefs Choice
Watermelon	Fruit and Yogurt Parfait	Cage Free Hard Boiled Eggs	Tillamook Cheddar Gougeres	Chefs Choice
22	23	24	25	26
Trail Mix	Organic Apples	Veggies and Hummus	Organic Berries	Chefs Choice
Tillamook Cheddar Gougeres	Raisins and Goldfish	Fruit and Yogurt Parfait	Oatmeal Bar	Chefs Choice
29	30	31		
Organic Apples	Organic Oranges	Chips and Guacamole		
Ham and Cracker	Fruit Smoothie and Crackers	Pumpkin Muffin Organic Milk		

Our Snack Plates V

Apples, Oranges, Grapes, Watermelon, Cantaloupe, Honeydew Melon, or Sheep Cheese, Yogurt, Triscuits, Popcorn, Granola, Pickles, Cucumbers, Celery, Green Peas, Green Spinach Dip, Lentil Dip, Red Tofu :



July

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Sweet and Sour Chicken (Sweet and Sour Tofu)	Taco Tuesday	Houseground Chicken Sliders (Blackbean Slider)	Closed	Closed
8	9	10	11	12
Spaghetti and Meatballs (TVP Bolognese)	Indian Curry (Vegetarian)	Butternut Squash Macaromi and Cheese (Vegetarian)	Chicken and Vegetable Yakisoba (Tofu Yakisoba)	Chefs Choice
15	16	17	18	19
Pasta Bolognese (TVP Bolognese)	Burrito Bowl	Chicken Broccoli Alfredo (Veggie Alfredo)	Herb Roasted Chicken (Butternut Squash)	Chefs Choice
22	23	24	25	26
Herb Roasted Chicken (Roasted Portabello)	Ratatouille Over Rice (Vegetarian)	Pesto Vegetable Pasta Privavera (Vegetarian)	Teriyaki Chicken Over Rice (Teriyaki Tofu)	Chefs Choice
29	30	31		
Chicken and Mushroom Stroganoff (Mushroom Stroganoff)	Pulled Pork Sliders (Blackbean Burger)	Teriyaki Salmon Over Rice (Teriyaki Tofu)		

