

August

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
5	6	7	8	9
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
12	13	14	15	16
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
19	20	21	22	23
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
26	27	28	29	30
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt		



August

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Cheese and Crackers	Chefs Choice
			Pumpkin Muffin Organic Milk	Chefs Choice
5	6	7	8	9
Trail Mix	Cheese and Crackers	Chips and Guacamole	Organic Berries	Chefs Choice
Fruit Smoothie and Crackers	Organic Oranges	Tillamook Cheddar Gougeres	Organic Banana Muffins Organic Milk	Mothers Day Treat
12	13	14	15	16
Organic Apples	Organic Berries	Organic Oranges	Cheese and Cracker Plate	Chefs Choice
Pumpkin Muffin Organic Milk	Fruit and Yogurt Parfait	Cage Free Hard Boiled Eggs	Tillamook Cheddar Gougeres	Chefs Choice
19	20	21	22	23
Cheese and Crackers	Organic Apples	Veggies and Hummus	Organic Berries	Chefs Choice
Watermelon	Raisins and Goldfish	Fruit and Yogurt Parfait	Oatmeal Bar	Chefs Choice
26	27	28	29	30
Organic Apples	Organic Oranges	Chips and Guacamole	Trail Mix	Chefs Choice
Ham and Cracker	Fruit Smoothie and Crackers	Pumpkin Muffin Organic Milk	Watermelon	Chefs Choice

Our Snack Plates V

Apples, Oranges, Grapes, W
Cantaloupe, Hondew Melor
or Sheep Cheese, Yogurt,
Triscuits, Popcorn, Grano
Pickles, Cucumbers, Celery,
Peas, Green Peas, Green
Spinach Dip, Lentil Dip, Rec
Tofu :



August

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Herb Roasted Pork Loin (Butternut Squash)	Chefs Choice
5	6	7	8	9
Chicken and Mushroom Stroganoff (Mushroom Stroganoff)	Teriyaki Salmon Over Rice (Teriyaki Tofu)	Pesto Vegetable Pasta Primavera (Vegetarian)	Chicken and Vegetable Yakisoba (Tofu Yakisoba)	Chefs Choice
12	13	14	15	16
Pasta Bolognese (TVP Bolognese)	Burrito Bowl	Herb Roasted Chicken (Butternut Squash)	Ratatouille Over Rice (Vegetarian)	Chefs Choice
19	20	21	22	23
Chicken Broccoli Alfredo (Veggie Alfredo)	Indian Curry (Vegetarian)	Spaghetti and Meatballs (TVP Bolognese)	Teriyaki Chicken Over Rice (Teriyaki Tofu)	Chefs Choice
26	27	28	29	30
Sweet and Sour Chicken (Sweet and Sour Tofu)	Taco Tuesday	Pizza Day	Chicken Stew and Mashed Potatoes (Veggie Stew)	Chefs Choice

