

October

Dinner Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| | 1 | 2 | 3 | 4 |
| | Crispy Pork Schnitzel w/ Apple Sauce Over Spaetzle w/ Cabbage Bacon and Onions | Crispy Chicken Parmesan Over Pasta Marinara | Bangers and Mash Housemade Sausage Over Mashed Potatoes and Vegetables | Grilled Chicken Breast w/ Heirloom Tomato Relish Over Summer Vegetable Pasta |
| 7 | 8 | 9 | 10 | 11 |
| Southern Fried Chicken w/ Mashed Potatoes, Biscuit and Vegetables | Chicken Fajitas w/ Handmade Tortillas Over Refried Beans and Spanish Rice | Teriyaki Pork Ribs over Rice and Stir Fried Vegetables | Cornbread Stuffed Pork Chops w/ Apple Sauce Over Mashed Potatoes And Vegetables | Sirloin Steak w/ Bleu Cheese Butter over Mashed Potatoes and Vegetables |
| 14 | 15 | 16 | 17 | 18 |
| Soy Ginger Marinated Pork chop w/ Pineapple Salsa Over Rice and Broccoli | Medi Plate: Fresh Pita, Hummus, Falafel, Tabbouleh, Cucumber Feta Salad | Chicken Chowmein w/ Stir Fried Vegetables | Loco Moco Houseground Beef Patty w/ Fried Egg, Gravy Over Rice | Bbq Chicken Over Mashed Potatoes and Cheddar Broccoli |
| 21 | 22 | 23 | 24 | 25 |
| Classic Layered Italian Sausage Lasagna | Bacon Wrapped Turkey Meatloaf w/ Mashed Potatoes and Vegetables | Teriyaki Chicken w/ Rice and Stir Fried Vegetables | Prawn and Italian Vegetable Fettuccine Alfredo | Crispy General Tso Chicken Over Rice and Broccoli |
| 28 | 29 | 30 | 31 | |
| Crispy Coconut Chicken Served over Rice and Asparagus | Verde Chicken Enchiladas w/ Pico De Gallo, Guacamole and Crema | Carolina Style Bbq Beef Brisket w/ White Cheddar Mac and Cheese and Coleslaw | Teriyaki Salmon w/ Pineapple Salsa Over Rice and Asparagus | |

**gluten free

