

December

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
9	10	11	12	13
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
16	17	18	19	20
Muffin Monday w/ Organic Fruit & Milk	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Kids Choice Cereal Organic Fruit Milk/Yogurt	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
23	24	25	26	27
Muffin Monday w/ Organic Fruit & Milk	Closed/Holiday	Closed/Holiday	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parent Breakfast
30	31			
Muffin Monday w/ Organic Fruit & Milk	Closed/Holiday			



December

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Tillamook Cheddar	Organic Berries	Organic Apples	Organic Oranges	Chefs Choice
Mandarin Oranges	Trail mix	Ham and Raisins	House Made Protein Bars	Chefs Choice
9	10	11	12	13
Trail mix	Organic Apples	Vegetable Crudite	Chips and Salsa	Chefs Choice
Cheese and Cracker Plate	Watermelon	Local Marionberry Muffins Organic Milk	Organic Berries	Chefs Choice
16	17	18	19	20
Cheese and Cracker Plate	Organic Berries	Mango Lasse	Vegetables and Hummus	Chefs Choice
Oatmeal Bar	Ham and Raisins	Organic Oranges	Watermelon	Chefs Choice
23	24	25	26	27
Organic Apples	Closed/Holiday	Closed/Holiday	Organic Berries	Chefs Choice
Watermelon	Closed/Holiday	Closed/Holiday	Antipasto Salad	Chefs Choice
30	31			
Tillamook Cheddar	Closed/Holiday			
Oranges and Crackers	Closed/Holiday			

Our Snack Plates V

Apples, Oranges, Grapes, W
Cantaloupe, Hondew Melor
or Sheep Cheese, Yogurt,
Triscuits, Popcorn, Grano
Pickles, Cucumbers, Celery,
Peas, Green Peas, Green
Spinach Dip, Lentil Dip, Rec
Tofu :



December

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Chicken Stew over Mashed Potatoes (Veggie Stew)	Teriyaki Chicken Meatballs over Rice w/Vegetables	Turkey & Cranberry Whole Wheat Wrap (Chic Peas & Vegetable Wrap)	Housemade Spam Musubi (Veggie Roll)	Pizza Day
10	11	12	13	
Moroccan Chic Pea & Sweet Potato Stew (Vegetarian)	Taco Tuesday (Veggie Fajita)	Chicken Salad Sandwich on Whole Wheat Bread (Hummus & ...)	Housemade Fish and Chips (Crispy Tofu)	Pulled Pork Sliders (BBQ Tofu Sliders)
16	17	18	19	20
Crispy Sweet and Sour Chicken (Sweet and Sour Tofu)	Chicken Ranch Wrap (Veggie Ranch Wrap)	Herb Roasted Pork loin w/Veggies and Rice (Roasted Portabello)	Turky Melt w/Tomato Soup	Spaghetti and Housemade Meatballs (TVP Bolognese)
23	24	25	26	27
Indian Coconut Curry (Vegetarian)	Closed/Holiday	Closed/Holiday	Pasta Carbonara w/Bacon, Peas, and Mushroom (Vegetable ...)	Teriyaki Salmon over Rice (Teriyaki Tofu)
30	31			
Chicken Yakisoba (Vegetable Yakisoba)	Closed/Holiday			

