

September

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
7	8	9	10	11
*Closed for Holiday	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
14	15	16	17	18
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
21	22	23	24	25
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
28	29	30		
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit		

September

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Organic Oranges	Watermelon	Organic Apples	Chefs Choice
	Trail Mix	Gougeres	Banana Muffins	Chefs Choice
7	8	9	10	11
<i>*Closed for Holiday</i>	Organic Berries	Organic Oranges	Cantaloupe	Chefs Choice
	Chips & Salsa	Trail Mix	Homemade Granola Bars	Chefs Choice
14	15	16	17	18
Organic Oranges	Honeydew	Organic Pears	Organic Apples	Chefs Choice
Ham & Raisins	Waffle Sticks & Applesauce	Fruit Salad	Cheese & Cracker Plate	Chefs Choice
21	22	23	24	25
Organic Apples	Organic Oranges	Organic Berries	Watermelon	Chefs Choice
Chips & Salsa	Berry Smoothies	Trail Mix	Zucchini Muffins	Chefs Choice
28	29	30		
Organic Oranges	Organic Berries	Organic Apples		
Cheese & Cracker Plate	Hummus & Pita	Fruit Salad		

September

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Baked Mac & Cheese	Turkey & Cranberry Roll-Ups	BBQ Chicken with Rice and Vegetables	Homemade Chicken Tenders
7	8	9	10	11
<i>*Closed for Holiday</i>	Chicken Yakisoba	Italian Slider Sandwiches	Teriyaki Chicken over Rice and Vegetables	Cheese Ravioli with Steamed Broccoli
14	15	16	17	18
Summer Vegetable Ratatouille Stew	Shredded Chicken Tacos	Grilled Cheese Sandwiches & Tomato Soup	Roasted Turkey with Mashed Potatoes and Carrots	Fish and Chips
21	22	23	24	25
Sweet & Sour Chicken over Rice and Vegetables	Chicken Quesadillas	Chicken Salad Sliders	Shrimp & Vegetable Fried Rice	Pizza Day
28	29	30		
Chicken Katsu over Rice and Vegetables	Chili & Cornbread Muffins	Ham & Cheese Sandwiches		