

July

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
5	6	7	8	9
<i>*Closed for Holiday</i>	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
12	13	14	15	16
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
19	20	21	22	23
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
26	27	28	29	30
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast

July

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Organic Berries	Chefs Choice
			Banana Muffins w/Milk	Chefs Choice
5	6	7	8	9
<i>*Closed for Holiday</i>	Organic Apples	Organic Oranges	Watermelon	Chefs Choice
	Homemade Granola Bars	Trail Mix	Cheese & Cracker Plate	Chefs Choice
12	13	14	15	16
Organic Oranges	Cantaloupe	Organic Pears	Organic Apples	Chefs Choice
Ham & Raisins	Waffle Sticks & Applesauce	Fruit Salad	Chips & Guacamole	Chefs Choice
19	20	21	22	23
Organic Apples	Organic Oranges	Organic Berries	Watermelon	Chefs Choice
Trail Mix	Cheese & Cracker Plate	Chips & Salsa	Morning Glory Muffins	Chefs Choice
26	27	28	29	30
Honeydew	Organic Apples	Organic Oranges	Organic Berries	Chefs Choice
Cheese & Cracker Plate	Fruit Salad	Zucchini Muffins	Oatmeal Bars	Chefs Choice

July

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Butternut Squash Mac & Cheese	Roasted Pork Loin over Rice and Vegetables (Tofu)
5	6	7	8	9
<i>*Closed for Holiday</i>	BBQ Chicken over Rice and Vegetables (Cauliflower)	Turkey & Cheddar Sandwiches (Egg Salad)	Shrimp & Vegetable Fried Rice (Egg & Vegetable Fried Rice)	Chicken & Vegetable Chili (Black Bean Chili)
12	13	14	15	16
Chicken Katsu over Rice and Vegetables (Tofu)	Quesadillas and Pasole	Chicken Sliders (TVP)	Roasted Turkey with Jo Jo Potatoes and Vegetables (Egg)	Fish and Chips (Falafel)
19	20	21	22	23
Orange Chicken over Rice and Vegetables (Tofu)	Yumm Bowls	Italian Grinder Roll Ups (Veggie Roll Ups)	Chicken & Vegetables Pad Thai (Vegetable Pad Thai)	Pizza Day
26	27	28	29	30
Chicken and Dumplings (Vegetable Stew)	Baja Fish Tacos (Black Bean & Rice)	Grilled Cheese and Tomato Soup	Teriyaki Chicken over Rice and Vegetables (Tofu)	Spaghetti and Meatballs (Vegetable Marinara)