

August

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
9	10	11	12	13
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
16	17	18	19	20
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
23	24	25	26	27
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
30	31			
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt			

August

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Organic Apples	Organic Berries	Watermelon	Organic Oranges	Chefs Choice
Chips & Salsa	Cheese & Cracker Plate	Trail Mix	Pumpkin Muffins	Chefs Choice
9	10	11	12	13
Organic Apples	Organic Berries	Organic Oranges	Honeydew	Chefs Choice
Cheese & Cracker Plate	Organic Peaches	Pita & Dip	Homemade Granola Bars	Chefs Choice
16	17	18	19	20
Organic Oranges	Cantaloupe	Organic Pears	Organic Apples	Chefs Choice
Ham & Raisins	Edamame & Rice Crackers	Waffle Sticks & Applesauce	Fruit Salad	Chefs Choice
23	24	25	26	27
Organic Apples	Organic Oranges	Organic Berries	Watermelon	Chefs Choice
Chips & Salsa	Cheese & Cracker Plate	Trail Mix	Zucchini Muffins	Chefs Choice
30	31			
Honeydew	Organic Apples			
Cheese & Cracker Plate	Gougeres & Raisins			

August

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Chicken Noodle Soup (Vegetable Noodle Soup)	Shredded Chicken Tacos (Black Bean Tacos)	Sunflowerbutter & Jelly Sandwiches	BBQ Chicken with Sweet Potato Fries and Vegetables (BBQ Tofu)	Baked Ham, Scalloped Potatoes, and Broccoli (Hard Boiled Egg)
9	10	11	12	13
Chicken Kaarage with Rice and Vegetables (Cauliflower Kaarage)	Lazy Lasagna Bake	Ham & Cheddar Sandwiches (Tomato & Cheddar)	Teriyaki Chicken over Rice and Vegetables (Teriyaki Tofu)	Homemade Foccacia, Cold Cuts and Veggie Crudite (Egg Salad)
16	17	18	19	20
Chicken Yakisoba (Vegetable Yakisoba)	Chili & Cornbread Muffins	Sloppy Joe Sliders (TVP)	Ginger Chicken Shumai with Steamed Vegetables (Ginger Tofu)	Fish and Chips (Falafel)
23	24	25	26	27
Chicken & Vegetable Pot Pie (Vegetable Pot Pie)	Chicken Tenders with Homemade Dipping Sauce & Apples (Veggie)	Turkey & Swiss Melts (Grilled Cheese)	Teriyaki Salmon over Rice and Vegetables (Teriyaki Tofu)	Pizza Day
30	31			
Bay Shrimp Scampi (Mushroom Scampi)	Japanese Chicken & Vegetable Curry (Vegetable Curry)			