

September

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
6	7	8	9	10
*Closed for Holiday	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
13	14	15	16	17
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
20	21	22	23	24
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
27	28	29	30	
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	

September

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Watermelon	Organic Oranges	Chefs Choice
		Chips & Salsa	Banana Muffins	Chefs Choice
6	7	8	9	10
<i>*Closed for Holiday</i>	Organic Berries	Organic Oranges	Cantaloupe	Chefs Choice
	Cheese & Cracker Plate	Trail Mix	Homemade Granola Bars	Chefs Choice
13	14	15	16	17
Organic Oranges	Honeydew	Organic Pears	Organic Apples	Chefs Choice
Ham & Raisins	Waffle Sticks & Applesauce	Fruit Salad	Cheese & Cracker Plate	Chefs Choice
20	21	22	23	24
Organic Apples	Organic Oranges	Organic Berries	Watermelon	Chefs Choice
Chips & Salsa	Berry Smoothies	Trail Mix	Morning Glory Muffins	Chefs Choice
27	28	29	30	
Organic Oranges	Organic Berries	Organic Apples	Organic Pears	
Cheese & Cracker Plate	Pita & Dip	Fruit Salad	Trail Mix	

September

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Italian Slider Sandwiches (Veggie Sliders)	BBQ Chicken with Rice and Vegetables (BBQ Cauliflower)	Roasted Porkloin over Rice & Vegetables (Tofu)
6	7	8	9	10
<i>*Closed for Holiday</i>	Chicken Yakisoba (Vegetable Yakisoba)	Chicken & Cheese Enchiladas (Black Bean Enchiladas)	Shrimp & Vegetable Fried Rice (Vegetable Fried Rice)	Bolognese & Penne Pasta (Marinara & Penne)
13	14	15	16	17
Vegetable Coconut Curry over Rice	Crispy Chicken Tacos (TVP Tacos)	Grilled Cheese Sandwiches & Tomato Soup	Roasted Turkey with Rice and Carrots (Zucchini & Potato Cake)	Fish and Chips (Falafel)
20	21	22	23	24
Sweet & Sour Chicken over Rice and Vegetables (Tofu)	Chicken Quesadillas (Cheese Quesadilla)	Tuna Salad Sliders (Egg Salad)	Yumm Bowls	Pizza Day
27	28	29	30	
Chicken Katsu over Rice and Vegetables (Tofu Katsu)	Baja Fish Tacos (Black Bean Tacos)	Ham & Cheese Sandwiches (Tomato & Cheese)	Cheese Ravioli & Broccoli	