

# January

# Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<i>*Closed for Holiday</i>	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
10	11	12	13	14
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
17	18	19	20	21
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
24	25	26	27	28
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
31				
Muffin Monday w/ Organic Fruit & Milk				

# January

# Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<i>*Closed for Holiday</i>	Organic Apples	Canteloupe	Organic Oranges	Chefs Choice
	Trail Mix	Chips & Salsa	Banana Muffins	Chefs Choice
10	11	12	13	14
Organic Apples	Organic Berries	Honeydew	Organic Oranges	Chefs Choice
Pita & Dip	Homemade Granola Bars	Berry Smoothies	Trail Mix	Chefs Choice
17	18	19	20	21
Organic Oranges	Honeydew	Organic Apples	Organic Pears	Chefs Choice
Ham & Raisins	Waffle Sticks & Applesauce	Cheese & Cracker Plate	Yogurt Parfaits	Chefs Choice
24	25	26	27	28
Organic Apples	Organic Oranges	Organic Berries	Canteloupe	Chefs Choice
Chips & Salsa	Berry Smoothies	Trail Mix	Zucchini Muffins	Chefs Choice
31				
Organic Oranges				
Cheese & Cracker Plate				

# January

# Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
<i>*Closed for Holiday</i>	Ham & Cheese Sandwiches	Teriyaki Chicken over Rice and Vegetables	Roasted Pork Loin over Rice and Vegetables	Spaghetti and Meatballs
10	11	12	13	14
Burrito Bowl	Homemade Chicken Tenders with Dipping Sauce	Pulled Pork Sliders	Roasted Turkey with Vegetables and Sweet Potato Fries	Sweet & Sour Chicken over Rice and Vegetables
17	18	19	20	21
BBQ Chicken with Rice and Vegetables	Chicken & Vegetable Goulash Mac & Cheese	Turkey & Cheddar Melts	Chicken Katsu with Rice and Apples	Fish & Chips
24	25	26	27	28
Vegetable Ratatouille over Rice	Quesadillas & Pasole	Chicken Noodle Soup with Homemade Focaccia Bread	Teriyaki Salmon over Rice and Vegetables	Pizza Day
31				
Chicken Yakisoba				