

January

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<i>*Closed for Holiday</i>	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
9	10	11	12	13
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
16	17	18	19	20
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Pancakes Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
23	24	25	26	27
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt	Hash Browns, Cage Free Eggs, Organic Milk & Fruit	Wholegrain Waffles Organic Fruit Milk/Yogurt	Grab -N- Go Parents Breakfast
30	31			
Muffin Monday w/ Organic Fruit & Milk	Kids Choice Cereal Organic Fruit Milk/Yogurt			

January

Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<i>*Closed for Holiday</i>	Organic Apples	Canteloupe	Organic Oranges	Chefs Choice
	Trail Mix	Chips & Salsa	Banana Muffins	Chefs Choice
9	10	11	12	13
Organic Apples	Organic Berries	Honeydew	Organic Oranges	Chefs Choice
Trail Mix	Homemade Granola Bars	Berry Smoothies	Pita & Dip	Chefs Choice
16	17	18	19	20
Organic Oranges	Honeydew	Organic Apples	Organic Pears	Chefs Choice
Ham & Raisins	Morning Glory Muffins	Cheese & Cracker Plate	Yogurt Parfaits	Chefs Choice
23	24	25	26	27
Organic Apples	Organic Oranges	Organic Berries	Canteloupe	Chefs Choice
Chips & Salsa	Berry Smoothies	Trail Mix	Zucchini Muffins	Chefs Choice
30	31			
Organic Oranges	Organic Apples			
Cheese & Cracker Plate	Mango Smoothies			

January

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
<i>*Closed for Holiday</i>	Teriyaki Chicken over Rice and Vegetables	Chicken Slider Burgers	Roasted Pork Loin over Rice and Vegetables	Spaghetti and Meatballs
9	10	11	12	13
Turkey & Cheddar Melts	Homemade Chicken Tenders with Dipping Sauce	Burrito Bowl	Roasted Turkey with Vegetables and Sweet Potato Fries	Sweet & Sour Chicken over Rice and Vegetables
16	17	18	19	20
BBQ Chicken with Rice and Vegetables	Chicken & Vegetable Goulash Mac & Cheese	Pulled Pork Sliders	Chicken Katsu with Rice and Apples	Fish & Chips
23	24	25	26	27
Vegetable Ratatouille over Rice	Quesadillas & Pasole	Chicken Noodle Soup with Homemade Focaccia Bread	Teriyaki Salmon over Rice and Vegetables	Pizza Day
30	31			
Chicken Yakisoba	Ham & Cheese Sandwiches			